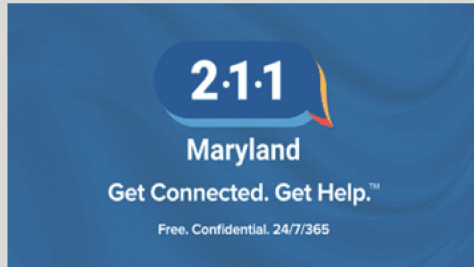




UNIVERSITY OF MARYLAND
EASTERN SHORE

FY26 BUDGET UPDATES: RESOURCES

Resources are available to help individuals and families who might need assistance:



211 Maryland

211md.org connects site visitors to housing, utility, food and childcare assistance, as well as resources for legal aid, employment and domestic violence help. Resources for veterans and mental health care are also available here.



SHORE UP!

SHORE UP! Inc. is dedicated to empowering individuals and families through education, employment, and essential community services. Over the past six decades, SHORE UP has provided thousands of households with vital programs, including Head Start and Early Head Start, energy assistance, housing support, workforce training, and senior services.



USAGov

Discover government benefits that you may be eligible for and learn how to apply.



Feeding America

Feeding America connects you with local food banks to help you find food today, even if you just need temporary help. Enter your zip code to find the food bank partnering with Feeding America. They'll share the locations and hours of nearby food distributions.

Mental health benefits are also available. If you are enrolled in healthcare coverage through the University of Maryland Eastern Shore, call the number on your medical id card to be connected to an available provider.