Suicide Prevention
Tuesday, September 10th, 2013, 6:00 pm - 7:30 pm
Center for Access & Academic Success—SDC, 2nd Floor, Room 2201
This workshop is to provide information that will help you to prevent the risk of suicide by not only helping you to recognize peers who are a potential suicide risk, but how to safely intervene.
Presenter: Mrs. Raejon Makonnen

Designer Drugs: How Much Do You Really Know?
Tuesday, September 17th, 2013, 11:00 am - 12:00 pm
Student Services Center - Room 2147
The purpose of this workshop is to provide information about the latest designer drugs on college campuses. Participants will actively discuss "slang/street names," signs of intoxication, and how these drugs may affect mental health.
Presenter: Dr. Melanie Davenport

Adjusting to College
Thursday, September 19th, 2013, 6:00 pm - 7:30 pm
Nuttle Hall Lobby
The purpose of this is to help students understand the importance of adjusting to college life; understand their unique styles of adjusting to college. Identify strategies to better adjust to college.
Presenter: Mr. Cedric Rashaw

De-Stress 4 Midterm Success
Tuesday, October 1st, 2013, 11:00 am - 12:00 pm
Student Services Center - Room 2147
The purpose of this workshop is to have participants learn the 3S strategies—symptoms, sources and solutions to minimize or alleviate stressors.
Presenter: Dr. Melanie Davenport

Domestic Violence
Tuesday, October 1st, 2013, 6:00 pm - 7:30 pm
ORL Community Center
This workshop is designed to educate you on the issues of violence in intimate relationships that occur on every college campus. You will be presented with information including identification of warning signs of violence and effects of violence and what can be done in case you or someone you know is a victim of domestic violence.
Presenter: Mrs. Raejon Makonnen

Stress in College: What You Need to Know
Thursday, November 1st, 2013, 11:00 am –12:00 pm
Student Services Center - Room 2147
Participants will discuss three distressed students who are facing everyday college life situations. The goal of this presentation is to inform students that Counseling Services is a confidential and safe place to work on any developmental, emotional or psychological concerns that may be creating discomfort or distress.
Presenter: Dr. Melanie Davenport

Procrastination
Tuesday, November 5th, 2013, 11:00 am - 12:00 pm
Center for Access & Academic Success—SDC, 2nd Floor, Room 2201
Participants will engage in group exercises that focus on values and goals, time management and self-organization. This workshop will aid in changing your lack of motivation and increase your productivity.
Presenter: Mrs. Raejon Makonnen

Healthy Relationships “STD Awareness”
Tuesday, November 19th, 2013, 6:00 pm -7:30 pm
Center for Access & Academic Success—SDC, 2nd Floor, Room 2201
This purpose of this workshop is to raise awareness about the impact of sexually transmitted disease (STD’s), date rape, knowing your partner and having protected sex.
Presenter: Mr. Cedric Rashaw

Note: If you have a disability and require reasonable accommodations that we need to provide in order to facilitate your full participation in this program/event, please contact Dr. Dorling Joseph, Director Student Disability Services at (410) 621-3446. Please allow 3 to 5 days to arrange the accommodation.