Recommended Resources

You can always turn to Parents’ Association for support; however, there are also several books we recommend that are filled with useful information, helpful stories, and excellent advice. The following books are all staff-recommended, and parent-tested and approved.

- *Letting Go: A Parents’ Guide to Understanding the College Years*
  By Karen Coburn & Madge Treeger

- *Don’t Tell Me What to Do, Just Send Money: The Essential Parenting Guide to the College Years*
  By Helen Johnson and Christine Schelhas-Miller
  St. Martin’s Griffin; May 2000.

- *You’re On Your Own (But I’m Here if You Need Me): Mentoring Your Child During the College Years*
  By Marjorie Savage
- **Empty Nest…Full Heart: The Journey from Home to College**
  By Andrea Van Steenhouse

- **In Addition to Tuition: The Parents’ Survival Guide to Freshman Year of College**
  By Marian Edelman Borden, Mary Anne Burlinson, and Elsie R. Kearns
  Checkmark Books; 1996.

- **When Your Kid Goes to College: A Parents’ Survival Guide**
  By Carol Barkin
  Harper Collins; March 1999.

- **Almost Grown: Launching Your Child from High School to College**
  By Patricia Pasick