### SCHOOL of PHARMACY AND HEALTH PROFESSIONS

#### Department of Kinesiology

<table>
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<tr>
<th>Phase / Level</th>
<th>Benchmarks</th>
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| **Phase 1:**  | Successful completion of the following courses:  
|               | • BIOL 111 Principles of Biology I  
|               | • BIOL 113 Principles of Biology Lab I  
|               | • BIOL 112 Principles of Biology II  
|               | • BIOL 114 Principles of Biology Lab II  
|               | • ENGL 102 (C or better) |
| **Phase 2:**  | Successful completion of four major core courses (C or better) and two supportive courses.  
|               | • EXSC 200 Introduction to Exercise Science  
|               | • EXSC 202 Personal and Community Health  
|               | • EXSC 252 Sports Psychology  
|               | • EXSC 302 Sports Medicine and First Aid  
|               | • BIOL 231 Human Anatomy and Physiology I  
|               | • BIOL 233 Human Anatomy and Physiology Lab I |
| **Phase 3:**  | Successful completion of four additional major core courses (C or better) and two supportive courses.  
|               | • EXSC 332 Exercise Physiology  
|               | • EXSC 333 Exercise Physiology Lab  
|               | • EXSC 311 Applied Kinesiology  
|               | • EXSC 445 Health Aspects of Aging  
|               | • CHEM 111 Principles of Chemistry I  
|               | • CHEM 112 Principles of Chemistry Lab I |
| **Phase 4:**  | Successful completion of program core requirements including EXSC 490 (C or better). |

| **Total Credits to complete 120** |   |