 Difficulties in your life do not come to destroy you but to help you realize your hidden potential and power. Let difficulties know that you, too, are difficult.

- Avul Pacir Zainulabidin Abdul Kalam

Useful Tips:

- Make a finals game plan; start early
- Ask questions! Email all professors early
- Find a distraction reduced area
- Start studying for 30 minutes & take a 10 minute break
- Review your notes daily
- Quiz yourself & predict possible questions
- Use any online study aids for assistance
- Fuel your brain; eat healthy all finals week long
- Get an efficient amount of sleep
- Don’t overwhelm yourself; manage your stress