

Sophomore Milestones

Take **15 Credits** & Earn a **Bachelor's Degree** in 4 Years!

First Semester		
Milestones	Recommended Timeline	Completed Y/N
The Sophomore Milestones assist you in planning your development amid your academic matriculation and help you focus on what matters most in order to successfully complete the sophomore year and prepare for future responsibilities. Each milestone you meet will bring you closer to achieving your academic and career goals.		
Make an appointment with the Career & Professional Development Center, complete the FOCUS-2 online career assessment, which will assist in exploring your values, interests, personality and skills, and their relation to possible majors' careers.	By 3 rd week of class	
Identify your major and/or strengthen your commitment to a major that is consistent with your interests and life goals.	By 8 th week of class	
Meet with your departmental faculty advisor, or an advisor/coach within the Center for Access and Academic Success (CAAS) to discuss your career goals, core curriculum and develop or evaluate your academic plan.	Each semester Fall/Spring	
Investigate your prospective career field with activities such as attending the annual Spring Career Job Fair, job shadowing, research opportunities, service learning, and field interviews.	Each Semester Fall/Spring	
Utilize the tutoring services within CAAS, and the University Writing Center to help you remain in good academic standing and meet academic goals.	Regularly	
Begin researching internship and scholarship opportunities; graduate and professional school requirements, as applicable.	Each Semester Fall/Spring	
Second Semester		
Visit the Career & Professional Development Center's website to research employment opportunities, job materials, career tools, events, and career related programs/seminars.	By 4 th week of classes	
Pursue one organization that supports your major/career and one organization in which interests you.	Each Semester Fall/Spring	
Set up summer internship or summer job.	By 8 th week of class	
Develop deeper relationships with faculty and staff members by participating in faculty and staff events offered to students.	Regularly	
Seek to earn a 3.0 GPA each semester	Regularly	
Meet with and advisor to evaluate your progress toward degree completion.	Regularly	