

**UNIVERSITY OF MARYLAND
EASTERN SHORE
OFFICE OF CAREER SERVICES**

**CAREER
ASSESSMENT
BROCHURE
FOR
UNDECIDED
MAJORS**

**University of Maryland Eastern Shore
Office of Career Services
Suite 2158
30665 Student Services Center Lane
Princess Anne Maryland 21853
Telephone Number (410) 651-6447
Fax Number (410) 651-8048**

Are You Undecided About Your Major?

It is alright to be undecided about your major. Approximately one-third of students start college without having chosen a major. Furthermore, half of the students who have chosen a major when they start college will change it at least once before they graduate. When you first begin to decide on a major, start by looking at what types of classes you have enjoyed in the past, the kind of grades you received from those classes and if you enjoyed the subject material. This process can be frustrating and also make an individual sometimes wonder how to select a major? Ask yourself the following questions;

- **Are you a student who is struggling to select a major ?**
- **Do you feel like the only person who can not decide on a major?**
- **Do you want to explore various careers ?**

If you have answered yes to any of these questions, then your first stop should be to speak with your Academic Advisor who will assist you with declaring a major and also exploring your academic curriculum. You may also visit the University Office of Career Services to speak with a Career Professional about taking

a Career Assessment . Taking a Career Assessment Test is one of the first steps to selecting a major or exploring your career choices. Career Assessment Tests are aptitude test that involve an introspective process which allows an individual to explore interests, abilities and values. This assessment also reveals how these components relate to a major and/or career. There are a series of questions regarding your style of working and how you interact with others.

It is important for an individual to be honest when answering these questions because if not it will negatively impact your results. After taking the assessment test your results are matched to a list of careers. A Career Assessment Test can not reveal or guarantee the perfect major or career, however, it is a tool utilized to assist with narrowing your career choices or it can help you explore career options that you might not have thought about selecting a major and/or career that you are excited about will help you look forward to establishing the educational foundation necessary to enter a global workforce. The results of this test can make an individual more focused about career choices. As a

result you will be more successful and motivated throughout college, which will make your transition into the workforce more positive.

Remember, learning about yourself can help determine which occupations and work situations are right for you. So whether you are undecided about your major or not sure if the current major is right for you, exploring your interest, career options and academic goals will help to clarify and develop your plan of action.

GOOD LUCK !

