



UNIVERSITY of MARYLAND
EASTERN SHORE

DIVISION OF STUDENT AFFAIRS
Counseling Services

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Interim Director
To: The UMES Community

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The University of Maryland Eastern Shore Counseling Services staff is committed to the intellectual, emotional, occupational, social, cultural, moral, and physical growth of all of our various constituencies. The counseling team, as a unit in the Division of Student Affairs, seeks to assist students in their educational pursuits by providing a range of counseling services such as:

- Individual and group counseling
- Outreach programming
- Consultation
- Psychiatric services
- Instruction and training

In order for the counseling services staff to efficiently meet the needs of students, please follow the **online referral** steps below:

- Go to the UMES Counseling Center home page at:
<http://www.umes.edu/CounselingCenter/>
- Click the “online resources” option.
- Click “counseling services referral form.”
- Enter data on to the referral form and submit.

If you have questions or concerns, contact Counseling Services at (410) 651-6449 during our normal business hours Monday through Friday from 8am to 5pm.

Thank you for helping us to provide excellent care to our students!