

## Description:

The GAPP workshop is a summer workshop that prepares future physical therapy, physician assistant, medical, and dental students for the pace, content, and volume of a health professional gross anatomy course.

## Requirements/Eligibility:

- ▶ Open to students who have been accepted to, but not yet entered, Physical Therapy, Physician Assistant, Medical, or Dental School. **Documentation of acceptance is required.**
- ▶ Preference will be granted to pre-physical therapy students accepted to UMES.
- ▶ A maximum of 32 students will be accepted.

## Objectives: The participants shall:

- ▶ Experience the principal methods by which gross anatomy is taught in most health professional curricula.
- ▶ Study the anatomical structure and function of the thorax and lower extremity through lecture, readings, dissection of a cadaver, and the utilization of models, skeletal materials, and videos. Pre-dental students will have the option of studying the face, parotid and temporal regions of the skull instead of the thorax.
- ▶ Learn and apply effective and productive study skills and learning methods. A brief discussion of learning and teaching styles will be presented. This will include discussion of study/learning resources, disarticulated skeletons, flash cards, coloring books, and how to use the textbook and atlases.
- ▶ Experience typical oral and written quizzes and written and practical examinations on the subject matter.

## Schedule:

June 3-24, 2020 (does not meet on Fridays)  
9:00 AM – 1:00 PM, Lecture & Lab

June 3-4	Orientation/Introduction
June 8-11	Thorax
June 15-18	Lower Extremity
June 22-23	Study Skills and Review
June 24	Exams
June 25	Conclusion, Assessment, & Planning for Fall

## Textbooks:

Books recommended by UMES PT Department which will be available for purchase in the UMES Bookstore:

*Textbooks & Atlases: (most current editions)*

- ▶ Moore KL: Clinically Oriented Anatomy, 8<sup>th</sup> edition
- ▶ Tank: Grant's Dissector, 16<sup>th</sup> edition
- ▶ Agur AM: Grant's Atlas of Anatomy, 14<sup>th</sup> edition

*If you would like to purchase another atlas, these are recommended:*

- ▶ Netter FH: Atlas of Human Anatomy
- ▶ Rohen & Yokochi: Color Atlas of Anatomy
- ▶ Gilroy, MacPherson, & Ross: Atlas of Anatomy
- ▶ Moses, Banks, Nava, & Peterson: Atlas of Clinical Gross Anatomy

## Supplies:

Students are responsible for purchasing the following supplies: latex or nitrile gloves, shoe covers, & solid blue scrubs ("ciel" or sky blue required for UMES PT, dark blue or navy for UMES PA)

## Location & Directions:

From Northern and Western Directions:  
Route 13 South to Princess Anne; take the left exit on to Rt. 822, UMES Boulevard. Turn right at stop sign on to Backbone Road. Turn left into parking lot B. The Department of Physical Therapy is on the second floor of Hazel Hall.

## Housing/Lodging:

For information on housing availability, call the Department of Physical Therapy at 410-651-6301.

## GAPP Workshop Registration Form:

or register on-line at [www.umes.edu/pt](http://www.umes.edu/pt)

Name: \_\_\_\_\_

Address: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Email: \_\_\_\_\_

Phone: \_\_\_\_\_

***I received my undergraduate degree from:***

- UMES
- SU
- UMCP
- Other: \_\_\_\_\_

***I have been accepted to the following program:***

- Physical Therapy (UMES)
- Physical Therapy (Other)
- Physician Assistant
- Medical
- Osteopathic
- Dental

***Do you have a latex allergy?***

- Yes
- No

***Cost:***

\$400.00 all current and future UMES students  
\$500.00 all others

***Registration Deadline:***

May 6, 2020 deadline  
No refunds after May 20, 2020  
(We reserve the right to cancel based on attendance.)

***Payment:***

Make checks payable to UMES Department of Physical Therapy (GAPP on memo line of check or call with credit card information)

***Mail check and copy of letter of acceptance to PT, PA, Medical, or Dental School to:***

GAPP Workshop Coordinator  
Department of Physical Therapy  
Hazel Hall, Suite 2093  
University of Maryland Eastern Shore  
Princess Anne, MD 21853  
Phone: 410-651-6301 FAX: 410-651-6259  
E-mail: [ptdept@umes.edu](mailto:ptdept@umes.edu)

If you require special accommodations to attend or participate, please provide information about your requirements to the GAPP Workshop Coordinator, 410-651-6301, at least 5 business days in advance.

## Faculty:

### **Cindy Holder Gill, PT, DScPT, MEd**

Dr. Gill coordinates and teaches the workshop Dr. Gill has been teaching Gross Anatomy at UMES since 1993. She received her Bachelors in Physical Therapy from the Medical College of Virginia and Masters in Exercise Physiology from the University of Virginia. She earned her Doctor of Science in Physical Therapy at the University of Maryland Baltimore. Her teaching responsibilities include Gross Anatomy to PT & Physician Assistant students, and Kinesiology to the PT students.



## The UMES PT Program:

The Physical Therapy program, established in 1981, at the University of Maryland Eastern Shore, is a post-baccalaureate entry-level program leading to a Doctor of Physical Therapy (DPT) degree. The program is accredited by the Commission on Accreditation in Physical Therapy Education. Visit [www.umes.edu/pt](http://www.umes.edu/pt) for more information.

## The University:

UMES is a land grant, historically black university founded in 1886. It became part of the University of Maryland System in 1970. It is approved by the State of Maryland and fully accredited by the Middle States Association of Colleges and Schools.

Department of Physical Therapy  
Hazel Hall, Suite 2093  
University of Maryland Eastern Shore  
Princess Anne, MD 21853



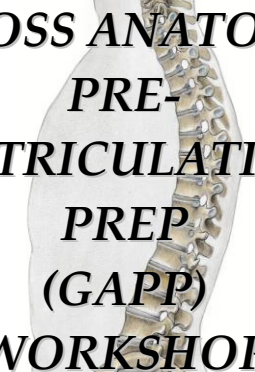
UNIVERSITY of MARYLAND  
EASTERN SHORE

SCHOOL OF PHARMACY & HEALTH  
PROFESSIONS

DEPARTMENT  
OF  
PHYSICAL THERAPY

*is  
offering*

GROSS ANATOMY  
PRE-  
MATRICULATION  
PREP  
(GAPP)  
WORKSHOP



**June 3– June 25, 2020**

*Designed for future physical therapy,  
physician assistant, medical and dental  
students*